

40 and over Mens 4.0 League

Date	Home	vs Away	Start Time
23-Mar Saturday	BHSC FL	CATS ACAC	10:45 a.m. 9:00 a.m.
25-Mar Monday	FL CATS	BHSC ACAC	6:00 p.m. 6:00 p.m.
30-Mar Saturday	CATS	FL	9:00 a.m.
6-Apr Saturday	FL	ACAC	9:00 a.m.
8-Apr Monday	CATS	BHSC	6:00 p.m.
13-Apr Saturday	BHSC ACAC	FL CATS	9:00 a.m. 10:45 a.m.
15-Apr Monday	FL	CATS	6:00 p.m.
16-Apr Tuesday	ACAC	BHSC	6:00 p.m.
20-Apr Saturday	BHSC ACAC	CATS FL	10:45 a.m. 9:00 a.m.
27-Apr Saturday	FL CATS	BHSC ACAC	9:00 a.m. 10:45 a.m.
4-May Saturday	BHSC CATS	ACAC FL	9:00 a.m. 10:45 a.m.
11-May Saturday	BHSC	ACAC	9:00 a.m.

Captains

Forest Lakes	Jeff Heatwole	jeffnjer@embarqmail.com	434-566-8084
BHSC	Owen Nolasco	owennolasco@yahoo.com	434-249-7766
Cats	Peter Welch	pw7e@virginia.edu	434 - 825 - 1506
ACAC	Henry Hickman	hbhickman@hotmail.com	434-242-8964